

Preparation for Intake Interview Master of Music Therapy ArtEZ

The intake procedure for the Master's of Music Therapy at ArtEZ is composed of four parts to be completed.

1. Complete your study plan

On our website, under the heading 'Study Plan' you will be able to download a study plan for the 2-year part time programme, and the 1-year full-time programme.

Please complete download the version of your choice and upload it via the study link.

2. Motivation interview

During the intake motivational interview, the head of programme, together with another staff member, will have a dialogue with you about your studyplan. We would love to get to know you, your dreams, ambitions, and wishes for your graduate studies.

Besides this conversation, there are two other things taking place during the motivational interview: a) talking about a music therapy article that you will read for preparation, and b) the live musical audition (see below)

a) Critical research reading and comprehension

Evidence-based music therapy is at the core of our music therapy department, therefore reading and understanding research is one of the key elements of the research trajectory at the Master's. Please choose ONE of the articles provided and read it carefully.

Xue, B., Meng, X., Liu, Q. *et al.* The effect of receptive music therapy on older adults with mild cognitive impairment and depression: a randomized controlled trial. *Sci Rep* **13**, 22159 (2023). <https://doi.org/10.1038/s41598-023-49162-6>

Joshua Birch, Grace Thompson, Exploring Music Therapy Research in Preschool Settings that Include Children with Disabilities: A Scoping Review, *Journal of Music Therapy*, Volume 60, Issue 1, Spring 2023, Pages 64–97, <https://doi-org.artez.idm.oclc.org/10.1093/jmt/thac015>

Jessica Rushing, Gilson Capilouto, Emily V Dressler, Lori F Gooding, Jessica Lee, Anne Olson, Active Music Therapy Following Acute Stroke: A Single-Arm Repeated Measures Study, *Journal of Music Therapy*, Volume 59, Issue 1, Spring 2022, Pages 36–61, <https://doi-org.artez.idm.oclc.org/10.1093/jmt/thab017>

Claire M Ghatti, Bente Johanne Vederhus, Tora Söderström Gaden, Annette K Brenner, Łucja Bieleninik, Ingrid Kvestad, Jörg Assmus, Christian Gold, Longitudinal Study of Music Therapy's

Effectiveness for Premature Infants and Their Caregivers (LongSTEP): Feasibility Study With a Norwegian Cohort, *Journal of Music Therapy*, Volume 58, Issue 2, Summer 2021, Pages 201–240, <https://doi-org.artez.idm.oclc.org/10.1093/jmt/thaa023>

Luke Annesley, Katherine Curtis-Tyler, Eamonn McKeown, Parents' Perspectives on Their Child's Music Therapy: A Qualitative Study, *Journal of Music Therapy*, Volume 57, Issue 1, Spring 2020, Pages 91–119, <https://doi-org.artez.idm.oclc.org/10.1093/jmt/thz018>

During the motivation interview, we will ask you to tell us about this article in your own words. Make sure to be prepared to answer the following questions:

- What was the topic of investigation in this study and how did the researchers do it? Tell us something about the research design and the methods.
- What are the main results found in this study?
- What are the strengths of this study? Which would be your recommendations to enhance the present study or to conduct a follow-up study?
- Is there something about the design and methods of this study that you could use for your own research? Why? Or why not?

b) Live musical audition of musical proficiencies

As a master's programme located at a Conservatory, musical skills are core to the professional competencies of a music therapist. Therefore, we would like to hear you and get to know you in a musical way. Please prepare three musical pieces (around 3 minutes each) in the following way:

- **A song of your choice with chord progressions and changing meters**

Prepare a self-selected song on piano/guitar, in which you accompany yourself singing. It can be any song of your preference. By playing and singing this song, include the following aspects:

- Chord progressions with at least 5 chords
- Use in the song at least 2 different rhythmic patterns (2/4, 3/4, 4/4, 5/6, 6/8, 9/8, 12/8)

- **Instrumental and Voice Improvisation with changing accompaniment and styles.**

Improvise music or with a well-known song on piano/guitar, and voice and include the following in the musical improvisation.

- Voice. Improvise a melody with your voice on the harmonies of your playing.
- Accompaniment. Include different accompaniment patterns (a steady rhythm, arpeggios, a bass tone, or chords)
- Chord progressions. Include chord progressions with at least 4 chords.
- Use at least two of the four below-proposed categories of music styles for your improvisation

- I. Pop ballad / singer songwriter style
- II. Walzer / Menuet / March
- III. Blues / Reggea / Rock
- IV. Folklore / Non-Western music

- **Play a musical piece on your own instrument,**
This is the moment to enjoy yourself and let your musical expression be heard.

Below, you will find suggestions for chord progressions for your preparation. Please feel free to use one of these or one of your own choice.

1. C - G - am - F
2. C - G - am - em - F (- C - F - G)
3. am - G - F - G
4. C - am - F - G
5. C - F - am - G
6. C - G - F - G
7. F - dm - C/G - G - C
8. C - G/B - am - G
9. C dm7 C/E - F
10. C - em/B - am - F
11. F - C/E - G
12. F - C/E - dm
13. F - G - E/G# - am
14. C - E - am
15. am - am/G - F
16. C - C7 - F
17. G - G#0 - am
18. F - fm - C
19. C - Bb - F - C
20. C - Ab - G
21. C - G - F - Bb - C