

# Music Therapy Alumni Day 2025

## Programme

12.00	Inloop, broodjes / Welcome and snack	In person Cafeteria
12.45 – 13.00	ArtEZ MT opleidingen updates / ArtEZ MT programs updates	Hybrid Room 2.17
13.00 – 14.00	Uitwisseling met alumni/ Exchange with alumni	Hybrid Room 2.17
14.00 – 14.15	Korte pauze. koffie, thee	In person Cafeteria
14.15 – 15.45	Workshop Dr. Katrina McFerran. <b>Choosing Songs for pleasure, meaning and preferences</b>	Hybrid Room 2.17
16.00-18.00	Posterpresentaties eindproducten bachelor- en masterstudenten muziektherapie. Hapje en drankje  Poster presentations culminating projects bachelor and master students music therapy. Drinks and snacks	In person Cafeteria

### International Workshop - Choosing Songs for pleasure, meaning and preferences

**Explanation:** Music therapists regularly choose songs for their work with clients. Preferences are an important principle, however, there has been limited discussion of other reasons. In this presentation, Prof Kat McFerran from the University of Melbourne in Australia will share about research on pleasure-inducing and meaningful songs and lead some experiential exercises for exploring differences and overlaps between them, along with aesthetic and other preferences.



Professor Katrina McFerran is a qualified and registered music therapist with the Australian Music Therapy Association since 1993. She completed her PhD in 2001 and has been an active researcher and teacher at the University of Melbourne. She has become increasingly interested in the ways young people use music for wellbeing, in therapy and as self-therapy in everyday life. This has led to a focus on unhealthy uses of music, and most recently, pleasure-inducing music.

Please come to the session with access to your personally preferred music, which we will use in the workshop.

We look forward to seeing you again soon,

Best regards from Carola Werger (head Bachelor and Premaster Music Therapy), and Camila Pfeiffer (head Master of Music Therapy)