

# ArtEZ School of Music

## **Pre-master of Music Therapy manual**

This manual provides you with information how to fill-out your motivation form for the pre-master of music therapy.

### **Curriculum preparation**

First of all prepare or revise your curriculum vitae. Make sure that it contains the following information:

- What is your highest completed level of secondary education?
- What bachelor/master education did you complete?
  - How many years was your program?
  - How many semesters of piano and vocal education (at the school of music)?
- Please provide us with relevant work-experience you have with music in health care (clinical, private practice, education, etc.)
  - Be as specific as possible in the number of days a week, the number of months you worked in this area
  - Be as specific as possible in the kind of musical work you provided
- Please provide us with your musical experiences
  - Describe the years of training for each single instrument you play
  - Describe the level of mastering of each single instrument you play
  - Describe the recent and relevant musical projects your participated in or organized/coordinated.

Do not forget to add your personal contact details to your CV (and the number of pages).

### **Motivation form preparation**

Make a short and realistic sketch of yourself as a professional music therapist in the broad professional practice, using the questions below to help you to prepare your answers on the study plan:

- What are your strengths and weaknesses in your current professional life?
- What are your ambitions for the (near) future?
- What is necessary to reach that target?
- How do you want to advance your music therapeutic competencies?
- How do you want to advance your personal-professional competencies?
- What population interests you the most for music therapy treatment?
- How could following the (pre-)master of music therapy program support these goals?

### **Filling out the motivation form**

Be as precise as possible, but also brief as possible, while filling out this motivation form.

### **Personal data**

First fill out the questions about personal data. Fill out here the bachelor necessary for the enrolment of the pre-master of music therapy program.

### **Professional-profile**

First upload your Curriculum Vitae.

Please continue by filling out the boxes with the additional questions.

#### **1. Why do you want to become a music therapist?**

Please describe your personal motivation to become a music therapist. Describe shortly what inspired you to become interested in music therapy and what your vision is on this profession.

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## **2. Which books/articles did you read about music therapy?**

Reference books and articles you read about music therapy that did inform you about the profession. Try to use the APA reference style.

## **3. Which video's or documentaries did you watch about music therapy?**

It is always good to check vimeo, youtube and other internet options for good examples of music therapy practice. Provide us with titles (or links) to provide us with an insight of what you looked up about the music therapy profession.

## **4. Which music therapist did you contact to speak about or observe a music therapy treatment?**

It is always advisable to contact a music therapist, go to conferences, study meetings, etc. to speak with a music therapist and/or observe him/her in their practice. Please write down the name(s) of the music therapist(s) you have been in touch with.

## **5. What was for you the most striking insight, information, example you gathered about music therapy?**

There must be a remarkable piece of information that triggered your idea of becoming a music therapist. Please describe very shortly what this was for you.

## **6. Please describe in general terms one of your pupils/students, where, according to your vision, you are offering a music lesson/activity that is closely related to music therapy.**

In case you are a graduated musician or music educator you apply to enroll into the pre-master of music therapy. To assess the necessary skills you need to become a music therapist, we will assess you on your music therapy potential during the motivation interview. Please provide us with a short description of one of your pupils/students, where, according to your vision, you are offering a music lesson that is closely related to music therapy. During the audition one of the examiners will role-play your pupil for a life 'session'. So, please, provide us with enough detailed information.

## **7. Where do you plan to do your supervised music therapy internship? Who will be the music therapist mentor?**

Please provide us with the contact information if you already arranged a music therapy internship. You can complete this internship with an accredited music therapist coaching you (mentor) within the organization.

For foreign students doing an internship in the Dutch speaking culture might offer some disadvantages. There is a possibility to do your internship in your own country. Preferably you work directly with an accredited music therapist. If this is not possible, you have to make specific arrangements for supervision, and grading with an ArtEZ assigned music therapist supervisor. Please provide us than too how you plan to complete your internship, where and who is your music therapy mentor/ principal.