

# Master of Music Therapy Program (MMth)

## Admission Guide

### ArtEZ University of the Arts

This guide provides you with information on how to write your study plan to apply to the Master of Music Therapy Program at ArtEZ

#### Curriculum preparation

First of all, prepare or revise your curriculum vitae. Make sure that it contains the following information:

- What is your highest completed level of secondary education?
- Which bachelor/master education did you complete?
  - How many years was your program?
  - How many hours of music(al) education did you follow?
  - How many hours and what kind of internship(s) did it include?
  - How many hours of supervision/self-experience did you have?
  - What was the topic of your final/exam product (thesis)?
- Please provide us with relevant work-experience you have with music in health care (clinical, private practice, education, etc.)
  - Be as specific as possible in the number of days a week, the number of months you worked in this area
  - Be as specific as possible in the kind of musical work you provided
- Please provide us with information about your musical experiences
  - Describe the years of training for each single instrument you play
  - Describe the level of mastering of each single instrument you play
  - Describe the recent and relevant musical projects you participated in or organized/coordinated.
  - Do not forget to add your personal contact details to your CV (and the number of pages).

## Study plan preparation

Make a short and realistic sketch of yourself as a professional music therapist in the broad professional practice, using the questions below to help you to prepare your answers on the study plan:

- What are your strengths in your current professional life? Which aspects of it do you still need to develop more?
- What are your ambitions for the (near) future?
- What is necessary to reach that target?
- How do you wish to advance your musical competencies?
- How do you wish to advance your music therapeutic competencies?
- How do you wish to advance your research competencies?
- How do you wish to advance your personal-professional competencies?
- How could the ArTEZ Master of music therapy program support you in reaching these goals?

## Filling out the study plan

Be as precise as possible, but also brief as possible, while filling out this study plan

### Personal information

First fill out the questions about personal information. Include here the information about you previous bachelor's degree or premaster's certificate required to enroll in the Master of Music Therapy program.

### Professional-profile

First upload your Curriculum Vitae

Continue by filling your answers to the provided questions in the boxes of the study-plan.

#### 1. Which ideas do you have to advance your musical skills?

Please describe in general terms in what direction you would like to advance your music technology and music improvisation skills. Describe what kind of support you would need to achieve these advancements. Please note that the program does not include instrumental lessons.

#### 2. Which ideas do you have for the development of an independent musical or music therapeutic project?

During your master program one of the assignments is to contribute to or create an own musical or music therapeutic project, as is could be a community project or a clinical music

therapy project. What kind would you be interested to participate in, set up or conduct yourself

### **3. Which ideas do you have to fulfill the required work experience or supervised internship?**

The program is designed for practicing music therapists. Therefore, you are responsible for organizing yourself the clinical experiences, such as supervised internships proposed by yourself or by signing up at one of the workplaces provided by the University. If you are an already practicing music therapist, you can complete your work-experience hours at your current workplace. Describe what kind of music therapy work-experience you would advance and what kind of supervision you would need to enhance your knowledge and skills.

### **4. Which ideas do you have to advance your Music Therapy knowledge and skills (e.g. target population and specific music therapy approach(es))?**

During the program you will focus on specific (multi-complex) client population(s). Describe the type of knowledge you would need to be able to deepen and advance your experience on the needs and problems of the clients. In addition, describe what you would need to develop in regard to your own music therapy and personal skills.

### **5. Do you have an idea for your research project?**

One of the major learning processes and outcomes of the MMTh program is the completion of a research project within your own field of interest (within the music therapy context). Describe your topic(s) of interest, how you would like to contribute with your research to your clients and to the music therapy field. How can the program support you to reach your goals?

### **6. How do your ideas relate to the different projects offered in the program?**

The MMth-program focuses on enhancing five main competencies related to: music and arts; music therapy; research; personal development; and professional skills (leadership). Therefore, the program offers different courses to approach each of these competencies. In addition, students will work on three different projects: a musical project, a music therapy project and a research project.

Please describe how your ideas on enhancing your own skills relate could relate and be imbedded into the projects described above.

### **7. Do you wish (if practically possible) to do your internship/work-experience and/or research outside the Netherlands? If so, do you know where and why?**

For foreign students doing an internship in a Dutch speaking culture might offer some disadvantages. There is a possibility to do your internship halfway through or at the end of

the program. Therefore, special arrangements will need to be made for supervision, and grading. Please describe how you plan to follow your supervision if you wish to do your internship abroad.